



Pinus and pollen

- plasys300® is a natural pollen and pinebark extract from Spain.
- plasys300® supports men's health and quality of life by improving prostate enlargement urinary symptoms and benign prostate hyperlasia (BPH).
- The unique blend contains the compound **phytosterols** (mainly β -Sitosterol), which has antiinflammatory properties to inhibit prostaglandins production and prevent prostate enlargement.
- **Phytosterols** and amino acids help reduce symptoms associated with BPH such as nocturia, urinary frequency and feelings of incomplete urination.

Scientific Evidence

- Studies have been conducted on β -Sitosterol treatment for BPH symptoms.
- Results showed significant improvement in BPH discomfort symptoms when compared to groups taking placebos.

Indications, Claims and Dose

- Dose: 300mg extract per day.
- For use in tablets, two-piece hard capsules and soft-gel capsules.
- Help improve symptoms related to medically diagnosed Benign Prostate Hypertrophy.
- Help improve nocturia, urinary frequency and incomplete urination feeling.

ADDRESS 21 Reaghs Farm Rd, Minto NSW, Australia 2566

TEL +61 2 8796 1400

MAIL info@Lipa.com.au

ABN 21 070 106 526

WEB www.Lipa.com.au

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