



phytopin[®]

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Pinus pinaster

- **Phytopin** is a natural and pure extract of **Pinus pinaster** containing phytosterols of exceptional quality.
- A powdered extract is produced from tall/pine oil which is a vicious yellow-black liquid.
- Extract standardised to >70% beta-sitosterol.

Scientific Evidence

Beta-sitosterols have been trialled in several clinical studies and have been subject to a positive Cochrane Review for supporting Benign prostatic hyperplasia (BPH). "Beta-sitosterol improvement profiles are similar to those reported in other studies of BPH treatment using alpha blocking agents or finasteride" (Klippel 1997).

Indications, Claims and Dose

- **Dose:** 65mg extract twice per day.
- For use in tablets, powders, two-piece hard capsules and soft-gel capsules.
- Helps maintain/support healthy cholesterol.
- Helps maintain/support healthy prostate function.



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