



KWVD+[®] 

The text "KWVD+" is in a dark blue, sans-serif font. To its right is a registered trademark symbol (®) and a green logo symbol consisting of a triangle with a plus sign inside, formed by thick green lines.

KWD+[®]

Protein digestion booster

Actinidia deliciosa

- **KWD+[®]** is a premium **kiwifruit** extract 5 times more powerful than fresh **kiwifruit**.
- **KWD+[®]** is standardised to $\geq 0.15\%$ actinidin by SDS-Page and to $\geq 0.1\%$ Aktinnamics[®] by HPLC.
- Benefits include: protein digestion and absorption enhancement, gentle gastrointestinal motility and prevention of digestion discomfort.
- Raw material sourced from New Zealand and produced in Spain.

How does it work?

- 50% of **KWD+[®]** protein content is actinidin, a cysteine protease enzyme which can promote protein break down in the gastrointestinal tract.
- Aktinnamics[®] has anti-inflammatory effects to inhibit production of pro-inflammatory cytokines such as TNF- α , which helps prevent discomfort and pain during digestion.
- A study published in the *British Journal of Nutrition* found that gastric digestion and stomach emptying after beef intake was faster when subjects also took **kiwifruit** rich in actinidin.

Indications, Claims and Dose

Dose: 300-600mg extract per day.

- May help prevent **muscle loss**.
- May support **muscle restoration**.
- May assist with **muscle building**.
- Helps support **digestion discomfort** after heavy meals.



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