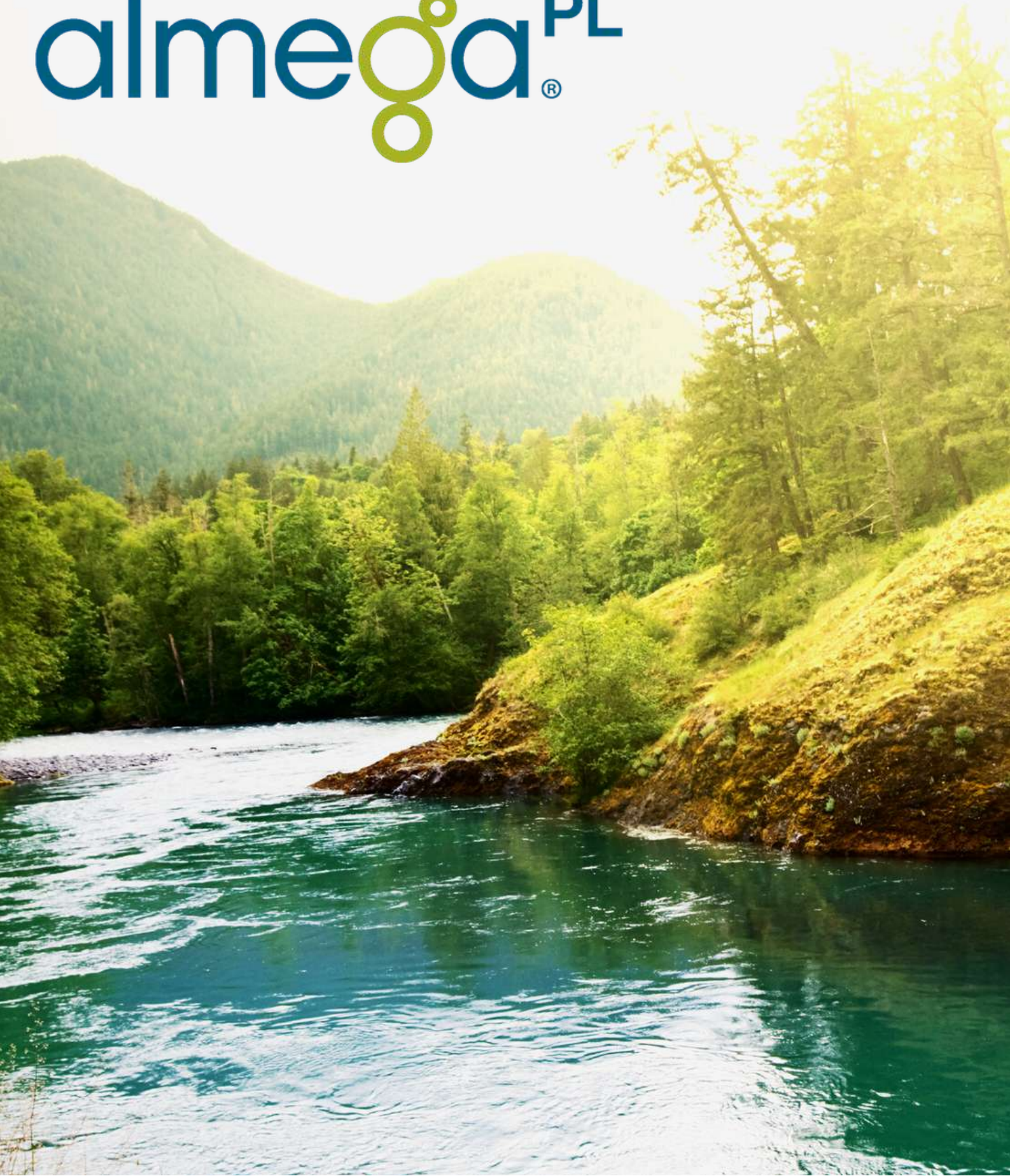




alme<sup>o</sup>ga<sup>o</sup>.<sup>PL</sup><sup>®</sup>







## *Nannochloropsis oculata*

- **Almega PL** is a patent protected premium Long Chain Polyunsaturated Fatty Acid (LC-PUFA) Omega-3 from a vegetarian source.
- **Almega PL** is extracted from a natural strain of **microalgae** *Nannochloropsis oculata*, which is sustainably grown and naturally contains the highest possible EPA (25%) to DHA ratio. High EPA to DHA ratio has been shown to have a significant positive effect on cardiovascular health, inflammation and on mental health and function.
- **Almega PL** naturally contains other beneficial compounds including carotenoids, omega 7, co-enzyme Q10 and chlorophyll- powerful phytonutrients providing multiple health benefits.

## How does it work?

- **Almega PL**, like krill oil, is bound with polar-lipids (phospholipids and glycolipids), providing the health benefits of EPA with enhanced absorption.
- Both animal studies and human clinical trials have shown **Almega PL** to have equivalent and higher bioavailability when directly compared with krill oil.
- Superior bioavailability of EPA on a gram-per-gram basis.
- Equivalent total Omega-3 absorption.

## Potential Benefits

EPA has positive health benefits for adults:

- Anti-inflammatory.
- Cardiovascular health and cholesterol reduction.
- Mental function and reduce symptoms of mild depression.
- **Almega PL** has improved bioavailability.
- No fishy burps.
- Sustainably grown and sourced.
- Suitable for vegetarians.



**ADDRESS** 21 Reaghs Farm Rd, Minto NSW, Australia 2566

**ABN** 21 070 106 526

**TEL** +61 2 8796 1400

**MAIL** info@Lipa.com.au

**WEB** www.Lipa.com.au

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