



ABG10+<sup>®</sup> 



# ABG10+®

*Allium sativum*

- **Garlic** has a long history in traditional medicine, due to its antioxidant/antimicrobial activities.
- Its consumption is limited due to its characteristic odour, taste and unstable nature.
- **Aged black garlic (ABG10+®)** is a new generation of **garlic** extract providing all the therapeutic benefits of raw **garlic** without the odour and taste.

## How Does It Work?

**ABG10+®** originated from cloves of **garlic** that are aged to full maturity through a short term method at controlled temperature and relative humidity to:

- Eliminate the unpleasant garlic sensorial characteristics.
- Increase the antioxidant capacity and total polyphenols content.
- Improve the stability of the resulting bioactive compounds such as SAC.

This process of ageing converts unstable, highly reactive compounds (eg. allicin) into milder, more effective and readily absorbed compounds including sulphur (containing amino acids such as SAC).

## Indications and Claims

Studies have found that **ABG10+®** can:

- Help maintain healthy **cardiovascular health**
- Help maintain healthy **cholesterol levels**
- Assist in maintaining a strong **immune system**
- Assist in preventing age-related **cognitive decline**.
- Assist in reducing **diastolic blood pressure**



**ADDRESS** 21 Reaghs Farm Rd, Minto NSW, Australia 2566

**ABN** 21 070 106 526

**TEL** +61 2 8796 1400

**MAIL** info@Lipa.com.au

**WEB** www.Lipa.com.au

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