

alme^go^aPL[®]

Nannochloropsis oculata

- **Alme^go^a PL** is a patent protected premium Long Chain Polyunsaturated Fatty Acid (LC-PUFA) Omega-3 from a vegetarian source.
- **Alme^go^a PL** is extracted from a natural strain of **microalgae** *Nannochloropsis oculata*, which is sustainably grown and naturally contains the highest possible EPA (25%) to DHA ratio. High EPA to DHA ratio has been shown to have a significant positive effect on cardiovascular health, inflammation and on mental health and function.
- **Alme^go^a PL** naturally contains other beneficial compounds including carotenoids, omega 7, co-enzyme Q10 and chlorophyll - all powerful phytonutrients providing a myriad of health benefits.

How does it work?

- **Alme^go^a PL**, like krill oil, is bound with polar-lipids (phospholipids and glycolipids), providing the health benefits of EPA with enhanced absorption.
- Both animal studies and human clinical trials have shown **Alme^go^a PL** to have equivalent and higher bioavailability when directly compared with krill oil.
- Superior bioavailability of EPA on a gram-per-gram basis.
- Equivalent total Omega-3 absorption.

Potential Benefits

EPA has positive health benefits for adults:

- Anti-inflammatory.
- Cardiovascular health and cholesterol reduction.
- Mental function and reduce symptoms of mild depression.
- **Alme^go^a PL** has improved bioavailability.
- No fishy burps.
- Sustainably grown and sourced.
- Suitable for vegetarians.



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